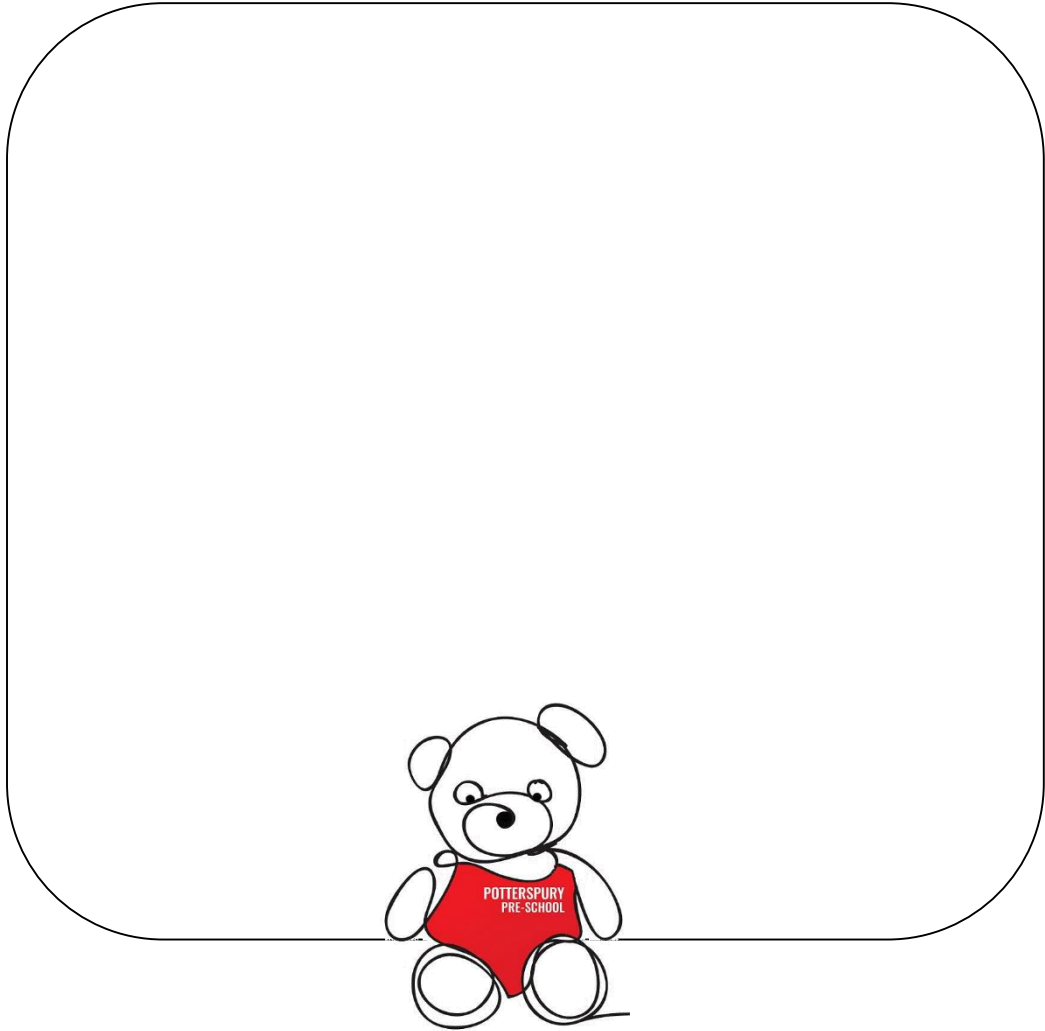


# This is Me!



Name:	
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Date of birth:	
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Start Date:	
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Please state the sessions your child will be attending for each day:

Monday	Tuesday	Wednesday	Thursday	Friday

# People who are special to me!

(please add photos and names if possible)

I will usually be brought to Preschool by:	I will usually be collected by:

# All about me!

My favourite stories, songs and rhymes are:

My favourite toys, games and activities are:

Objects or things that comfort, soothe or calm me are:

Places or things I like to do, talk about or explore:

Things which can upset or worry me are:

This is how I communicate:

Words to describe me (please circle and add any others)

Curious	Funny	Inquisitive	Quiet	likes routine	Careful	Reserved
Strong willed	Independent	Dreamy	determined	Fearless	Adventurous	
Lively	Active	Considerate	Gentle	Friendly	Anxious	Affectionate
Kind	Shy	Willing	Creative	Sociable	Sensitive	Confident
Adaptable	Energetic	Talkative	Awesome	Enthusiastic	Loving	

People I already know at the setting are:

These are times I have had playing away from home:

# My Home life

At home I live with:

My family pets are:

My sleep routine is:

Other things I would like to tell you about home:

# Everyday things

You will know when I'm tired because:

If I need to use the toilet I will:

Separating from my main carers can be difficult sometimes, but you can help me by:

My usual brand of nappies are:

My usual brand of wipes are:

My usual brand of nappy cream is:

When I am teething I like to use:

My general health is:

I suffer from the following (please tick those which apply)

Asthma		Epilepsy	
Heart Condition		Kidney/Bladder problems	
Diabetes		Bee Sting Allergy	
Sight Impairment		Deafness	
Wears Glasses		Other	

These are illnesses I have had in the past (please tick those which apply)

Chicken pox		Whooping cough	
Measles		Scarlett fever	
Mumps		Convulsions/fits	
Rubella		Covid	

# Snacks & drinks

I like to eat:

I don't like to eat:

I am allergic / intolerant to:

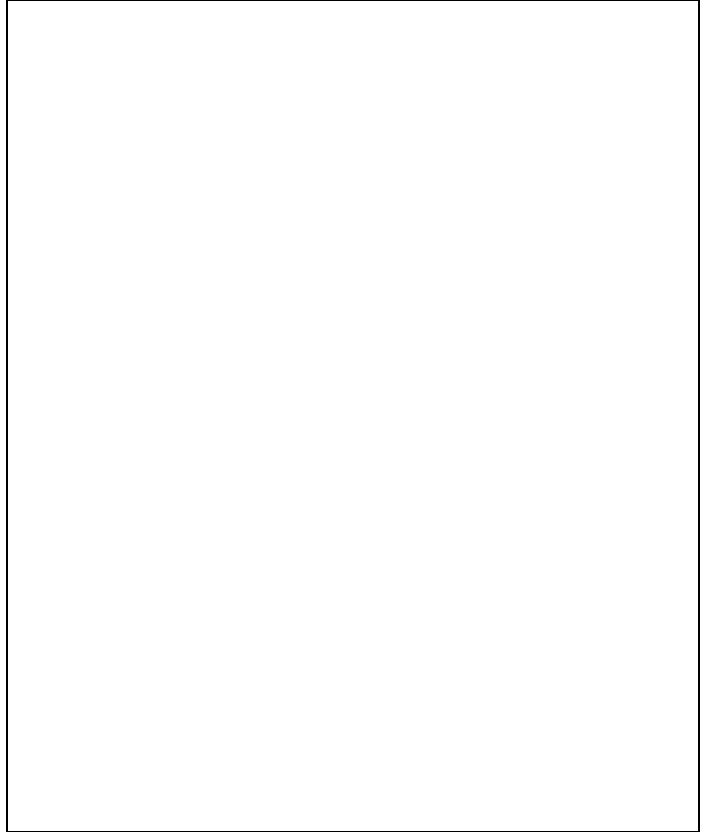
My parents would prefer me not to eat:



During the day I like to drink my milk:



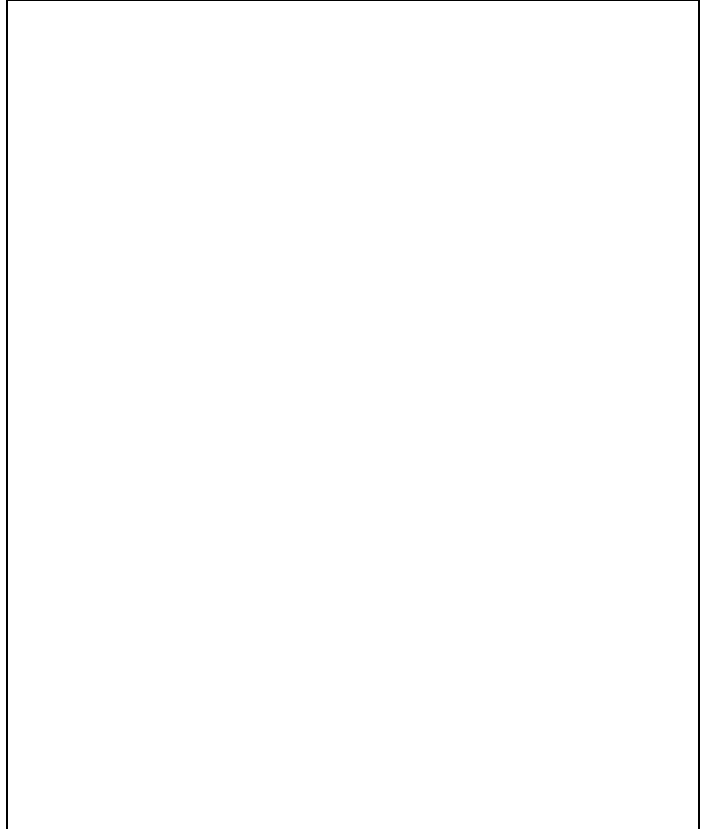
During the day I like to drink my water:



During the day I feed myself by:



If I feel hungry during the day I will communicate this by:



# A day in the life of me

This is my typical daily routine including times, activities, meals and sleeps

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These are regular activities I do during the week:

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# Additional information

Some other things you might like to know about me are:

If my family have any concerns they can note them just here:

All about my birth: